

Welcome to CFA Cheerleading!

CFA is excited to offer cheerleading to our community for ages 5-13. We welcome each child regardless of experience and look forward to watching them strengthen skills and gain confidence.

Here are some details that may help answer questions you have regarding CFA Cheerleading.

REGISTRATION: Registration for the spring and fall seasons can be completed online by clicking the REGISTRATION button. On-site registration will be scheduled as needed.

Prospective COACHES: Each Head Coach and Assistant Coach have several requirements with CFA before volunteering.

- Background check to be completed semiannually.
- Concussion training and testing.
- Approval by CFA Board of Directors.

PRACTICE:

- Spring Cheer practices will begin at the end of March/beginning of April. Cheer teams will normally practice one day per week between 1-2hrs. The Head Coach (or Team Parent) will provide days and location.
- Fall practices will be begin around the end of July/beginning of August. Cheer teams normally practice twice a week between 1-2 hrs. each practice. After September 8th, practices will be located indoors for all cheer teams to allow time for competition routines. The Head Coach (or Team Parent) will provide days and location.

UNIFORMS:

- In the Spring, CFA will provide each cheerleader with a T-shirt, hair bow, and set of poms. We ask that each cheerleader wear their own black athletic shorts/pants and sneakers.
- For the Fall season, CFA will provide each cheerleader with the uniform top and bottom, bloomers, hair bow, shoes, and a set of poms. This is all included in the registration cost.
- At the end of each season, your coach will collect the poms for future use and the uniform top and bottom (fall season only). The other items are yours to keep!

GAME DAY: Cheer teams will be provided a schedule for the games for sideline cheer. Cheerleaders will cheer for the designated division:

- Spring – Girls Flag, Coed 5-6, Coed 7-9, Coed 10-12, Boys 13-17
- Fall - Mighty Mites, Midgets, or Bandits.

We are here to answer any other questions or address any concerns you have!